## Admission is free!

People living in the community

# Consultation for foreign residents

# September 9 (Sun) 3~5pm

**Place** 

# Catholic Osaka Archdiocese Main Office

(2-24-22 Tamatsukuri, Chuo-ku ,Osaka)

This event is open to adults and children from different countries like Philippines. Feel free to ask about any worries about parenting and life and health.

#### **Parenting** Consultation

Jefferson R. Plantilla (Jeff) Jeff had worked as a lawyer in the Philippines. He has lived in Nara with his wife and daughter since he came to Japan in 1995. Since then, he has worked as a member and a coordinator of various Filipino communities.



For more information Anita Ishimura: 090-2045-4219



#### Health Consultation

**CHARM** You can ask anything about your health without your insurance certificate.

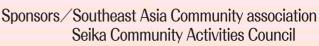
- ★ Height, Weight, Body fat level
- ★ Blood pressure
- ★ Information on health,
- ★ disease prevention and hospitals
- ★ and more...



### **Parenting** Consultation

Public health nurse and Health and Welfare Division. Chuo ward Office. You can ask the staff from

the Child Care Support Office about any problems on parenting



Supporters/CHARM, Child Care Support Office, Health and Welfare Division. Chuo Ward Office

Catholic Osaka Archidiocese Social Action Center SINAPIS